

# Whitney High School Dance Regulations

## Prior to the Dance

- Students must have all detentions cleared.
- Students must have their ID card when purchasing tickets.
- At the door students must present their ID card and guest receipt (if applicable).
- At the door all students will scan their ID card to identify that they have checked in.
- Leave all belongings in the car or at home except for your ID card. There will not be a coat check at any of the dances.

## Dress Code Requirements

- Strapless Dress
  - Must be stable and stay in place at all times.
  - Student must be able to touch both their collar bone and the of the dress with open hand closed fingers (approximately four inches- see diagram)
- Back of Dress
  - Dress may not be lower than middle of the back.
- Dress Length
  - Dresses may not be shorter than mid-thigh.
  - Dresses that are extremely fitted and rise easily must also be worn with spandex shorts underneath.
- No undergarments showing
  - Exceptions: Bra straps may show only with spaghetti strap dresses but they must match the color of the dress strap or be clear.
- Tops, Shirts, & Blouses
  - Scoop neck or v-neck cut tops cannot be more than 5" from the collar bone
  - No tube tops, backless bib tops, or bra like tops
  - Straps must be at least 1/2" in width and must cover bra straps. Exceptions: one strap tops are allowed
- Shoes
  - Must be clean and dance appropriate
  - Tennis shoes are not permitted at formal dances (Junior Prom and Senior Ball)
- No low cut dresses or excessive cleavage
- No dresses with cut-outs
- Hemline and/or slits on dresses must be below the mid-thigh
- Casual dances: Back to School, Free Dance, Sadie Hawkin's Dance
- Semi-formal dances: Homecoming Dance
  - Guys – slacks or khakis, collared shirt, tie (no jeans)
  - Girls – dress that meets the above guidelines (no jeans)
- Formal dances: Junior Prom and Senior Ball
  - Guys – suit or tuxedo
  - Girls – dress that meets the above guidelines



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## Dancing Regulations

- No body parts, other than your feet, may be touching the ground while dancing.
- Your feet must remain on the floor (no lifting, wrapping legs on another person, etc.)
- No grabbing, touching, or rubbing another person in a distasteful or unwanted way.
- No bending at the hips.

## Consequences

- Dancing Violations: the students will be removed from the dance, parent/guardian will be called, a letter will be mailed home to parents explaining the reason, and that student will not be allowed to attend the next dance
- Dress-code violations: the student will not be permitted to enter the dance
- If a student is asked to leave a dance more than 3 times during their four years of high school they will not be allowed to attend any more dances