



Counseling Newsletter

Tips for Academic Success

Please continually check grades in Schoology.

- > Progress report grades are available on Aeries Portal. There are 2 grades on a Progress Report: P for Pass and NM for No Mark. A NM means a student is in danger of not passing the class.
- > At the end of the semester, students will receive their semester grade. Grades are: A, B, C, or NC.
- > A NC means No Credit and a student must regain those credits through summer school or night school.
- > A student needs 250 credits to graduate. Graduation requirements are listed in both the Academic Planning Guide under the Counseling section on the WHS website as well as the Student Handbook.

If a student is struggling in their classes, have they done the following?

- > Attend Intervention on a regular basis.
- > Participate in class by taking notes, asking & answering questions, & paying attention?
- > Actively study for quizzes & tests, using study strategies based on their learning style (see below)
- > Complete all classwork and homework.
- > Use a planner or calendar to keep track of assignments and deadlines.
- > Organize time at home to complete homework.
- > Regularly review their notes for each class.
- > Complete work ahead of time.
- > Organize materials– separate folders & notebooks for each subject.
- > For long-term assignments, “chunk” the steps; make a timeline.
- > Study with a friend or relative.
- > Get plenty of rest.
- > Set goals & specific ways to reach them.

LEARNING STYLES & WAYS TO STUDY

VISUAL: Make flashcards that include pictures as visual cues; highlight information; use timelines, graphs, charts, maps, etc.; vocabulary word associations with beginning letter of words; doodle diagrams of your written information.

AUDITORY: Use a computer/phone to record your notes aloud; read your notes aloud when studying; work with a study partner to review out loud; use Internet Resources like YouTube; create a song or poem to memorize; participate in classroom discussions.

KINESTHETIC: Move in some way while studying; write or type notes; work at a standing position; correlate physical movements with ideas/terms; take breaks.