

ROCKLIN UNIFIED SCHOOL DISTRICT

**PARENT/GUARDIAN NOTIFICATION LETTER FOR GRADES 7-12
COMPREHENSIVE SEXUAL HEALTH AND HIV PREVENTION EDUCATION**

The California Healthy Youth Act: EDUCATION CODE §§ 51930-51939
(2-page document)

Oct. 27, 2023

Dear Parent/Guardian:

California state law, the [California Healthy Youth Act](#), requires that Comprehensive Sexual Health Education and HIV Prevention Education be provided to students at least once in middle school and once in high school, starting in grade 7. RUSD students in grade 7 and grade 9 will be provided with this instruction.

Underlying this course, guiding the teacher and curriculum, is the following philosophy:

The Rocklin Unified School District Comprehensive Sexual Health/HIV Education will present age-appropriate, factual information based on current scientific evidence which empowers the student to follow a course of abstinence and other healthy sexual attitudes and behaviors, recognizing the family as the primary provider of sex education.

Instruction must encourage students to communicate with parents, guardians, or other trusted adults about human sexuality. Instruction must be medically accurate, age-appropriate, and inclusive of all students. It must include the following:

- Information about HIV and other sexually transmitted infections (STIs), including transmission, FDA approved methods to prevent HIV and STIs, and treatment
- Information that abstinence is the only certain way to prevent unintended pregnancy and HIV and other STIs, and information about the value of delaying sexual activity
- Discussion about social views of HIV and AIDS
- Information about accessing resources for sexual and reproductive health care
- Information about pregnancy, including FDA approved prevention methods, pregnancy outcomes, prenatal care, and the newborn safe surrender law
- Information about sexual orientation and gender, including the harm of negative gender stereotypes
- Information about healthy relationships and avoiding unhealthy behaviors and situations

You can examine written and audio-visual instructional materials on Schoology ([Sex Ed Parent Info. Slide 2023](#)), or by visiting this link: [2020 Sex Ed Instructional Materials](#). If you have any questions, please contact the teacher. You may request a copy of the California Healthy Youth Act ([California Education Code Sections 51930-51939](#)) by contacting the Rocklin Unified District Office at 916-624-2428.

This instruction will be provided *approximately* Nov. 27 - Dec. 21 by WHS teachers:

Jennifer Henry- jhenry@rocklinusd.org

Vincent Perez - vperez@rocklinusd.org

Please email your student's teacher with specific questions or concerns.

Curriculum and course materials used in teaching the Comprehensive Sexual Health/HIV Prevention Education are available to view at [this link](#) as well as on your student's Schoology Health course ([See Sex Ed Parent Info Slide](#)). Any video clips to be shown are embedded into the Unit slideshows, which are in the provided link. Student workbook/packet is likely to consist of online assignments submitted through Schoology.

State law allows you to remove your student from some or all of this instruction. If you do not want your student to participate in Comprehensive Sexual Health or HIV Prevention Education, please give a written request to your student's health teacher by Nov. 17, 2023.

Note: After previewing the curriculum and/or speaking with staff, if you do not wish your student to participate in Comprehensive Sexual Health/HIV Prevention Education, you must return the slip below, signed by you, indicating your preference by Nov. 17, 2023.

_____ **No, I do not give permission** for my student to participate in the full Comprehensive Sexual Health/HIV Prevention Education.

_____ Please contact me so that we can further discuss my questions.

Print Student Name: _____

Print Parent/Guardian Name: _____

Parent/Guardian Preferred Contact Information: _____

Parent's Signature: _____ Date: _____

YOUR STUDENT WILL PARTICIPATE IN THE CLASS IF YOU DO NOT RETURN THIS FORM.

Sincerely,



Scott Collins
Principal
Whitney High School